



## Capital Christian Jr. Cougars: Social Networking Policies

The Capital Christian Jr. Cougars support the student athletes' rights to freedom of speech, expression, and association, including the use of social networks. However, student-athletes must remember that playing and competing for Capital Christian Jr. Cougars is a privilege. As a student-athlete, you represent our program, the community of Capital Christian, your school, your family, your coach, and your teammates. This responsibility requires student-athletes to be socially conscientious and to maintain a positive image.

Please remember the following:

- Everything you post or send becomes public record. Any text or photo placed online is completely out of your control the moment it is placed online - even if you limit access to your accounts or only send it to a single person. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the person or site to which it was sent.
- Your posts may affect your future. Many employers, college admissions officers, and recruiters review social networking sites as part of their overall evaluation of a student-athlete.

Below you will find the Capital Christian Athletic Social Networking Policies which provides student-athletes with a framework for using any social media.

Similar to comments made in person, the Capital Christian Jr. Cougars will not tolerate insubordinate, disrespectful, illegal, bullying & intimidating postings online such as:

- Derogatory language or remarks that may professionally or socially damage or embarrass your teammates, coaches, other student athletes, teachers, parents, or opponents.
- Incriminating photos or statements depicting violence, hazing, sexual harassment, full or partial nudity, inappropriate gestures, vandalism, stalking, underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behaviors.
- Comments that create the impression that another person is in danger of physical harm or words/pictures that are intended to intimidate or inflict emotional injury on another person.
- Words or pictures that show knowledge of an unreported school team violation-regardless of the violation was unintentional or intentional.

Any social media posts that violate these policies may result in immediate disciplinary action, up to and potentially including immediate dismissal from the team. Due process policies of the board will be followed. The final decision will then be at the discretion of the Executive Board.

I have read and understand all the responsibilities as outlined in the Capital Christian Jr. Cougars: Social Networking Policies listed above.

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Student Athlete Signature

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Date

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Parent/Guardian Signature

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Date



### **Capital Christian Jr. Cougars: Media Release Policy**

I hereby grant permission for Capital Christian School (CCS) and Capital Christian Center (CCC) to photograph/videotape my son/daughter for possible use on the CCS website, promotional DVD projects, or in written publications. In addition, I grant CCS/CCC, its employees, agents, successors, licensees, and assignees, the irrevocable right and license to use the likeness of my son or daughter on photographs; to crop such photographs at their discretion; to incorporate such photographs in the above projects at their discretion; and to use such photographs or any portion thereof in any manner, including posting on the CCS/CCC website as a part of, or connected with the above projects, including any promotional materials, DVD, or other electronic format. I agree to hold CCS/CCC, its employees, agents, successors, licensees, and assignees harmless against any liability, loss or damage resulting from the use of my child's likeness, and I hereby release and discharge any claims whatsoever in connection with such use of my child's likeness in the above projects. I am signing this release freely and voluntarily, and I am not relying on any inducements, promises, or representations made by CCS/CCC or its subcontractors, employees, or agents.

I have read and agree to the terms of the policy.     Yes     No

Student Athlete Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_