



2023 CAPITAL CHRISTIAN JR. COUGAR STUDENT ATHLETE CHECKLIST

- Registered at <https://ccjrcougars.com/home> (*Jr. Cougar communications will be sent to the registered email address*)
- Medical Clearance dated after April 15, 2023, with MD stamped signature
- Student athlete participant application, waiver, and release form
- Social networking and Media Release policy
- Heads Up concussion form
- School enrollment or recent report card showing school name, student name and grade
- Copy of birth certificate (football/cheerleader) (*original will not be accepted*)
- CCJRC Student Athlete/Parent/Guardian Code of Conduct
- SAC Student Athlete/Parent/Guardian Code of Conduct (*distributed at in person meeting and not available online*)
- Equipment deposit: <https://ccs.regfox.com/2023-jr-cougar-football-eq-deposit>

Student Athlete Information:

Name: _____ Team: **JPW PW JM M**

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Contact Information:

Parent/Guardian(s): _____ Phone: _____

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Notes: